

Nutritional Information for BUN HAMB SLCD WHLWHE R/SOD 3.5" 12-12

Product Number:	254262
Description:	AP Bun, Hamb, WGrain, Red Sod, 1.5 oz-Au

Nutritional Information			
Serving Size 1 each (43 g)			
Amount Per Serving			
Calories 100		Calories from Fat 14	
		% Daily Value	
Total Fat	2 g	2%	
Saturated Fat	0 g	0%	
Trans Fat	0 g		
PolyUnSat	n/a	n/a	
MonoUnSat	n/a	n/a	
Cholesterol	0 mg	0%	
Sodium	135 mg	6%	
Potassium	n/a	n/a	
Total Carbs	20 g	7%	
Dietary Fiber	4 g	16%	
Sugars	2 g	n/a	
Protein	4 g	8%	
Vitamin A -	0%	Vitamin C -	0%
Calcium -	2%	Iron -	8%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

Thiamin B1	0 mg	Phosphorus	n/a
Riboflavin B2	0 mg	Zinc	n/a
Niacin B3	2 mg	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	20 mg
Vitamin C	0 mg	Iron	1 mg
Folic Acid	60 mcg	Manganese	n/a
		Iodine	n/a

Child Nutrition Label		Nutritional Information	
1 Each		Vitamin D	n/a
Child Nutrition Label	No	Vitamin D	n/a
		Vitamin E	n/a
Meat/Meat Alternative	n/a	Vitamin K	n/a
Fruit/Vegetables	n/a	Vitamin A	0 IU
Grain/Bread	n/a	Vitamin A	n/a
Grain/Bread (oz eq)			
Meat/Meat Alternate	0.00 oz		
Grain/Bread	1.50 oz eq		
Fruit	0.00 cup		
Vegetable:			
Red/Orange	0.00 cup		
Dark Green	0.00 cup		
Starchy	0.00 cup		
Beans/Peas	0.00 cup		
Other	0.00 cup		
Provides 1.25 oz eq grain based on flour content			

Ingredients:

For ingredient or allergen information, please contact: Aunt Millie's, phone: (800) 995-8245.

Please reference manufacturer number: 7071. Nutrition updated September 2013. The nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.